



Spots are limited.

2024 UC MOVES CHALLENGE

REGISTRATION Opens April 22 • **CHALLENGE** Runs May 6 – 31

Spring into Motion. Represent your UC Location in the 2024 systemwide 4-week movement and activity challenge.



Join our team to represent UCI in the UC Moves Spring into Motion Challenge and for a chance to win raffle prizes.



Record daily physical activity starting May 6 with your favorite tracker or on your mobile or desktop device.



For more information about all UCI Moves More offerings, visit hr.uci.edu/wellness

Register starting April 22 at
<https://ucmoves.springintomotiontoday.com>

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