



# 2025 UC HEALTHY HOLIDAYS CHALLENGE

**REGISTRATION** Opens November 3  
**CHALLENGE** Runs November 17 - December 14

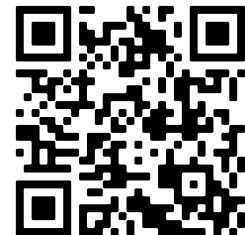
Picture yourself having a healthier, happier holiday season. Stay motivated by celebrating your accomplishments and representing UC Irvine or UCI Health in this 2025 systemwide 4-week challenge.



Join our UCI and UCI Health team to represent us in the UC Healthy Holidays Challenge and for a chance to win.



Record daily physical and emotional accomplishments to reveal winter scenes from around the world.



For more information about all UCI Healthy Holiday offerings, visit [hr.uci.edu/wellness](https://hr.uci.edu/wellness)

Register starting November 3 at  
<https://uc.snowwonderchallenge.com>

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