

Endocrinology and Diabetes Care



UCI Health endocrinologists deliver targeted and comprehensive consultation and treatment for patients who have a broad spectrum of conditions affecting the endocrine system, including diabetes, pituitary and other glandular disorders.

Why choose us

Our UCI Health endocrinologists are highly skilled at using the latest therapies to treat all endocrine conditions, including diabetes, hypertension, and metabolism and glandular disorders. We offer the most advanced care for diabetic patients at the UCI Health Diabetes Center, the only academic facility for comprehensive diabetes management in Orange County. Further, our dedication to scientific discovery allows our patients to have access to innovative and promising research that will advance the field of diabetes care.

Our physicians see endocrinology and diabetes patients at UC Irvine Medical Center in Orange, UCI Health — Tustin, UCI Health — Yorba Linda, UCI Health — Laguna Hills and Gottschalk Medical Plaza on the UC Irvine campus in Irvine. The Diabetes Center at Gottschalk Medical Plaza offers a variety of diabetes-related services, including cardiovascular evaluations and ophthalmology.

Conditions


- Adrenal disorders
- Calcium and parathyroid disease
- Diabetes
- Genetic hormone diseases
- Hormone disorders
- Osteoporosis
- Pituitary tumor and dysfunction
- Polycystic ovarian syndrome (PCOS)
- Thyroid disorders


Treatment


Diabetes treatment and management are centered on diet, insulin regulation and oral medication to lower blood glucose levels. Treatments for diabetes and other endocrine disorders include:


- Carbohydrate counting glycemic index
- Continuous glucose monitoring
- Exercise and fitness
- Hormone evaluation and therapy
- Infusion therapy for osteoporosis
- Insulin pump therapy
- Oral medication and other pharmacologic tools
- Thyroid ultrasound and biopsy


Locations

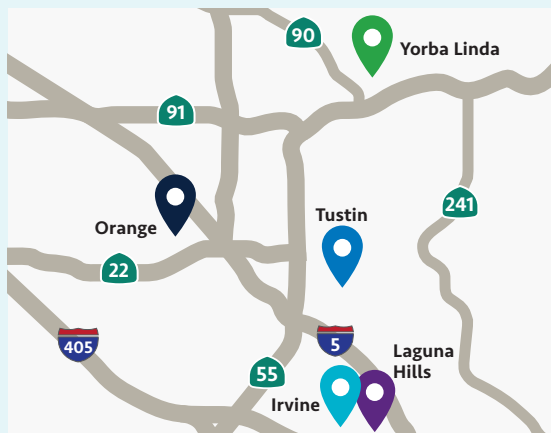
 **UC Irvine Medical Center – Pavilion I**
101 The City Drive S.
Orange, CA 92868
714-456-7002

 **UCI Health – Tustin**
1451 Irvine Blvd.
Tustin, CA 92780
714-838-8408

 **Gottschalk Medical Plaza**
1 Medical Plaza Drive
Irvine, CA 92697
949-824-8656

 **UCI Health – Laguna Hills**
23961 Calle de la Magdalena, Suite 200
Laguna Hills, CA 92653
949-238-4100

 **UCI Health – Yorba Linda**
18637 Yorba Linda Blvd.
Yorba Linda, CA 92886
714-790-8600



Team

As part of Orange County's only university medical center, the diabetes center has a multidisciplinary team of specialists that treats the full spectrum of complications diabetic patients can experience, from vision, vascular and neurological complications to heart and kidney disease.

Our locations in Irvine and Orange are fully equipped with the most advanced technologies, such as the latest insulin pumps and continuous glucose monitoring systems, to provide patients with top-flight diabetes care as well as access to leading-edge research on the disease.

Bogi Andersen, MD
Gottschalk Medical Plaza

Anna M. Betlachin, MD
Gottschalk Medical Plaza, UCI Health – Laguna Hills

Jenny Q. Dai-Ju, MD
UCI Health – Yorba Linda, UC Irvine Medical Center – Pavilion I

Almoatazbellah M. Idriss, MD
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UCI Health – Yorba Linda, UC Irvine Medical Center – Pavilion I

Qin Yang, MD
Gottschalk Medical Plaza

Pediatric Endocrinology

Marjan Haghi, MD
Gottschalk Medical Plaza

Ajanta Naidu, MD, MBA
Gottschalk Medical Plaza

Diabetes Educators

Susan Baer, RD, CDE

Terry Petersen, CN, CDE

UCI Health

ucihealth.org/diabetes